

Anna Jaklova- Athlete Profile



I have been skiing since I was born. My focus has and always will be on skiing. I compete in many other sports such as running and biking, these I do more competitively than others. I participate in many school sports as well but those I do just recreationally. The school sports I do help improve my agility, while the others prepare me for skiing by improving my strength and stamina. My hard work and determination have paid off and brought me to where I am now. In the past year I have overcome many challenges, but I am very proud of where I am now, I couldn't have gotten here without them.

Vital Stats

DoB	December 05, 2005
Height	5'5" / 164 cm
Weight	104 lbs / 47 Kg
Hometown	Orillia, Ontario, Canada

Sports History

Cross Country Skiing

- 1st Midget Classic Int.: Eastern Championships 2019
- 2nd Midget Free Pursuit: Eastern Championships 2019
- 2nd Midget Classic Prologue: Eastern Championships 2019
- 1st place Midget Skate Interval: Provincial Youth Championship 2019
- 1st place Midget Classic Mass start: Ontario Cup #5 (North Bay) 2019
- 1st place Midget Classic Interval: Provincial Youth Championship 2018
- 1st place Midget Skate Mass: Provincial Youth Championship 2018

Anna Jaklova- Athlete Profile

Cross Country Running

- 6th place: Simcoe County District School board (Grade 8)
- 10th place: Ontario Provincial Championship

Track (mid distance)

- Ontario Summer Games
 - 5th place 1200M, 4:00.20 min
 - 7th place 800M, 2:29.78 min

Mountain Biking (XCO)

- 5th place: Overall points 2018 / Minime
- 4th place: Overall points 2017 / Peewee
- 4th place: Overall points 2016 / Peewee
- 4th place: Overall points 2015 / Squirt
- Provincial Champion 2014 / Squirt

Goals

- Make the podium at 2020 Cross Country Ski Canadian Championships, and Canadian Eastern Championships
- Make the podium at every 2019/20 Ontario Cup in my age category for Juvenile girls in skiing
- Make podium in the series of the 2019 MTB Ontario Cup series.
- To finish top 3 in cross country skiing OFSAA (high school) Championships.
- To finish top 10 in my age group in cross country running at OFSAA (high school) Championships.
- Continue to improve in running events.
- Work on strength and stamina to prevent injury and improve results in skiing and mountain biking.

Aspirations

- To ski and race at a World Cup level.
- To connect and work well with my sponsor(s).
- To get a full sport scholarship for cross country skiing and continue doing well at it.