

# Cooper deHaan – Athlete Profile

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I am a highly accomplished athlete in many sports such as Cross-country skiing, mountain biking, track running, and cross country running. I have played all kinds of sports since I was very young, competing in sports such as hockey, ball hockey, soccer and mountain biking. I have finished my second year of competitive skiing and first year of running, doing very well and hope to get better.

## Vital Stats

DoB	December 10, 2005
Height	5'6" / 167 cm
Weight	118 lbs / 53 Kg
Hometown	Horseshoe Valley, Ontario, Canada

## Sports History & Results

### Cross Country Skiing

- 4<sup>th</sup> place Midget Skate Interval: Canadian National Championships 2019
- 2<sup>nd</sup> place Midget Skate Interval: Eastern Championships 2019
- 2<sup>nd</sup> place Midget Classic Pursuit: Eastern Championships 2019
- 3<sup>rd</sup> place Midget skate interval: Provincial Youth Championship 2019
- 4<sup>th</sup> place Midget Skate interval invitational: Canadian Nationals 2019
- 2<sup>nd</sup> place Midget Classic Mass start: Ontario Cup #5 (North Bay) 2019
- 2<sup>nd</sup> place Midget Classic interval: Provincial Youth Championship 2018

### Mountain Biking (XCO)

- 3<sup>rd</sup> place: Overall points 2018 / Minime
- 2<sup>nd</sup> place: Provincial Championship 2018 / Minime

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- 2<sup>nd</sup> place: Provincial Championship 2017 / Peewee
- 4<sup>th</sup> place: Overall points 2017 / Peewee
- 1<sup>st</sup> place: Provincial Championship 2016/ Peewee
- 1<sup>st</sup> place: Overall points 2016 / Peewee

## Track (mid distance)

- Ontario Summer Games
  - 3<sup>rd</sup> place 800M, 2:25.47 min
  - 4<sup>th</sup> place 1200M, 3:49.83 min

## Cross Country Running

- 7<sup>th</sup> place: Ontario Provincial Championship
- 3<sup>rd</sup> place: Simcoe County District School board ( Grade 8)

## Goals

- Podium in cross country ski Eastern Championships 2020 (Juvenile/2005 yob )
- Podium / top 5 in all skiing and MTB Ontario Cups 2019/2020 season
- 1<sup>st</sup> place in mountain biking season overall

## Aspirations

- Compete internationally in skiing and/ or mountain biking
- Compete in a MTB World Cup