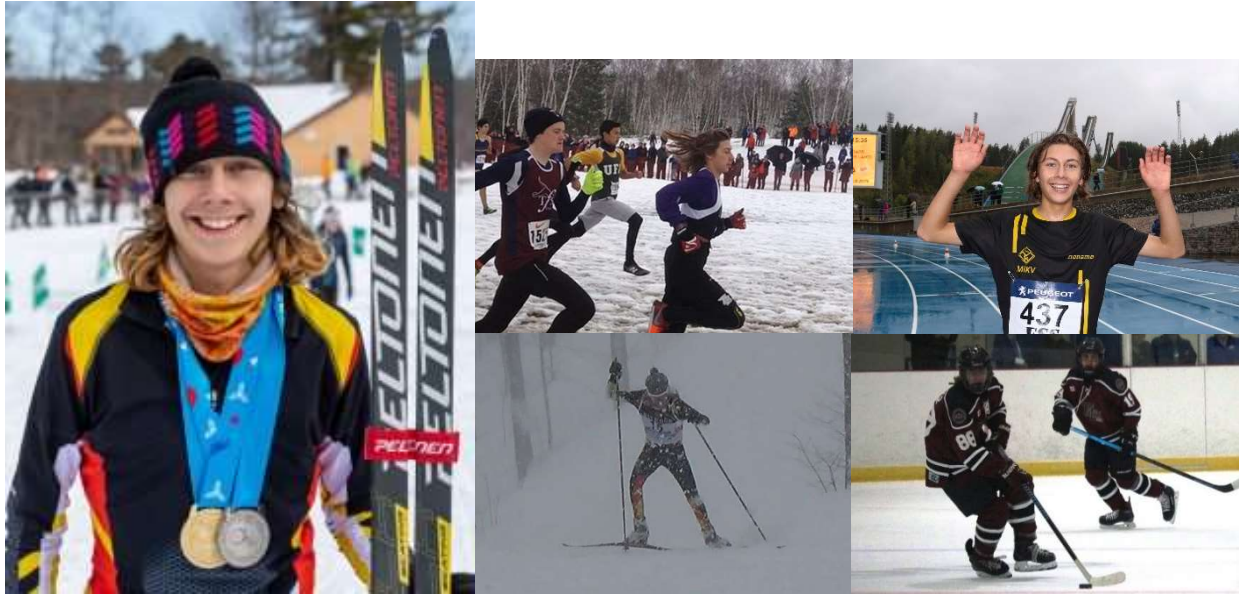


Erik Unger– Athlete Profile



The first time I went skiing, I was almost two and I have loved it ever since. I didn't start skiing competitively until I was 11 but I haven't stopped ski racing, even though I do other sports competitively like hockey and long-distance running.

These sports help me to become a better skier and athlete in general. In hockey you must be strong, quick, and nimble to be good and to not get hit, in distance running, you must have stamina and will power to finish with a fast time. Both these sports help me in skiing, so I can be powerful, quick, agile and have the will power and stamina to finish strong. I also do other sports through school, just for fun, these sports are kind of like stress relivers and allow me to take a break while still getting exercise.

I believe that my determination to exceed expectations, and to be the best that I can, has brought me to where I am today, and hopefully, it will take me even further tomorrow.

Erik Unger– Athlete Profile

Vital Stats

DOB	August 21, 2005
Height	5'8" / 172 cm
Weight	54 Kg
Birth town	Mäntyharju, Etelä-Savo, Finland
Hometown	Bridgenorth, Ontario, Canada

Sponsors & Partners

Skis: [Peltonen](#)

Racing Suit: [Peltonen](#)

Sports History

Cross Country Skiing

- 2018 U13 Ontario youth free, 2nd place
- 2019 U14 Ontario youth free, champion
- 2020 Ontario winter games XC free, 2nd place
- 2020 Ontario winter games XC classic, champion
- 2020 Grade 9 U16 OFSAA 5th place

Track

- 2017 U12 all time Ontario U12 record holder (1000m)
- 2017 Grade 6 KPREAA champion (800m/1500m)
- 2018 U13 all time Ontario U13 record holder (1000m)
- 2018 Grade 7 KPREAA champion (800m/1500m/3000m)
- 2018 U14 Etelä-Savo, FIN provincial champion (1000m)
- 2019 U14 Minor Track Association champion (1500m)
- 2019 U14 Athletics Ontario champion (1500m)
- 2019 Grade 8 KPREAA champion (800m/1500m/3000m)
- 2019 U15 Etelä-Savo, FIN provincial champion (2000m)
- 2019 U15 Finnish National Champion (2000m)
- 2019 U15 Finnish National Runner up (800m)

Erik Unger– Athlete Profile

Cross Country Running

- 2015 Grade 5 KPREAA champion
- 2016 Grade 6 KPREAA champion
- 2017 Grade 7 KPREAA champion
- 2018 U14 Athletics Ontario champion
- 2018 Grade 8 KPREAA champion
- 2019 U15 Minor Track Association champion
- 2019 Grade 9 OFSAA champion

Hockey

- 2015/2016 U11 AE OMHA Lakeshore runners up
- 2018/2019 U14 A leagues highest scorer-6th best team
- 2019/2020 U15 AA tied OMHA Lakeshore champions

Goals

- Win OFSAA XC in grade 10
- Win OFSAA XC ski in grade 10
- Win OFSAA Track (1500m/3000m) in grade 10
- Win XC ski 2020/2021

Aspirations

- Compete at the Olympics.
- Ski at World Cup level
- To be an inspiration to others like me
- Significantly contribute to a high-level University Team on a full scholarship.