## Anna Jaklova- Athlete Profile



I have been skiing since I was born. My focus has and always will be on skiing. I compete in many other sports such as running and biking, these I do more competitively than others. I participate in many school sports as well but those I do just recreationally. The school sports I do help improve my agility, while the others prepare me for skiing by improving my strength and stamina. My hard work and determination have paid off and brought me to where I am now. In the past year I have overcome many challenges, but I am very proud of where I am now, I couldn't have gotten here without them.

## **Vital Stats**

DoB	December 05, 2005
Height	5'5" / 165 cm
Weight	53 Kg
Hometown	Orillia, Ontario, Canada

### **Sponsors & Partners**

Glasses & Helmet: Salice Skis: Skitrab Poles: Skitrab Boots: Botas

## **Sports History**

#### **Cross Country Skiing**

- 2021 U18 Coupe Canada de L'Est Champion in 7.5km skate
- 2020 Ontario Winter Games winner in 3 km free & 4 km classic

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- 2019/20 U16 Ontario Champion in 6 km classic
- 2018/19 U14 Eastern Canadian Champion in 5 km classic

#### Mountain Biking (XCO)

- 2019 U15 Ontario Provincial Champion
- 2019 U15 Ontario Cup Over-all winner

#### Track

- 3rd in the 2021 NextChamp 2000 m Steeplechase; 7:22.23 sec
- 3rd place in 2019 U16 Ontario Provincial Championships 1500 m Steeplechase, 5:30.95 min
- PB in 1500 m 4:59.81 min, 800 m 2:22.78 min, 400 m hurdles 1:16.33 min, 300 m hurdles 49.88 sec, 200 m hurdles 34.28 sec

#### **Cross Country Running**

- 9th place in the 2020 U16 Ontario Provincial Championships
- 5<sup>th</sup> place in 2019 U16 Ontario Provincial Championships

### Goals

- Make the podium at 2022 Cross Country Ski Canadian Championships, and Canadian Eastern Championships
- To win 2022 OFSAA (provincial high school) Championships in cross country skiing
- To finish top 10 in my age group in cross country running at OFSAA (provincial high school) Championships.
- Continue to improve in running events.
- Work on strength and stamina to prevent injury and improve results in skiing and mountain biking.

## Aspirations

- To ski and race at a World Cup level.
- To connect and work well with my sponsor(s).
- To get a full sport scholarship for cross country skiing and continue doing well at it.